

Kidney protection in DKD

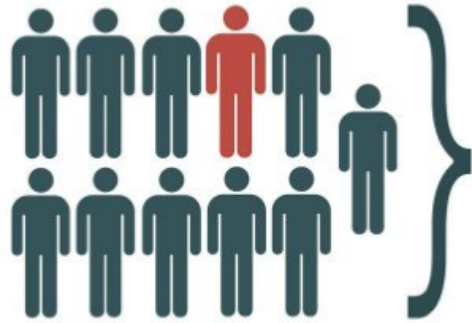
Role of SGLT2 inhibitors

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Hospital
TUMS

May 2024

Number of diabetics will rise to **700 million** by 2045

1 in 11 adults has **diabetes**



463 million worldwide

1 in 3

US adult diabetics have
chronic kidney disease



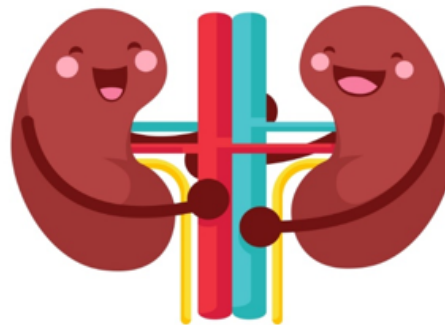
154 million

PromarkerD can predict
diabetic kidney disease
up to 4 years in advance

Kidney disease is one of the major complications of diabetes

Diabetes prevalence information based on the IDF Diabetes Atlas, 9th edition 2019

Protect
your Kidneys
from Diabetes

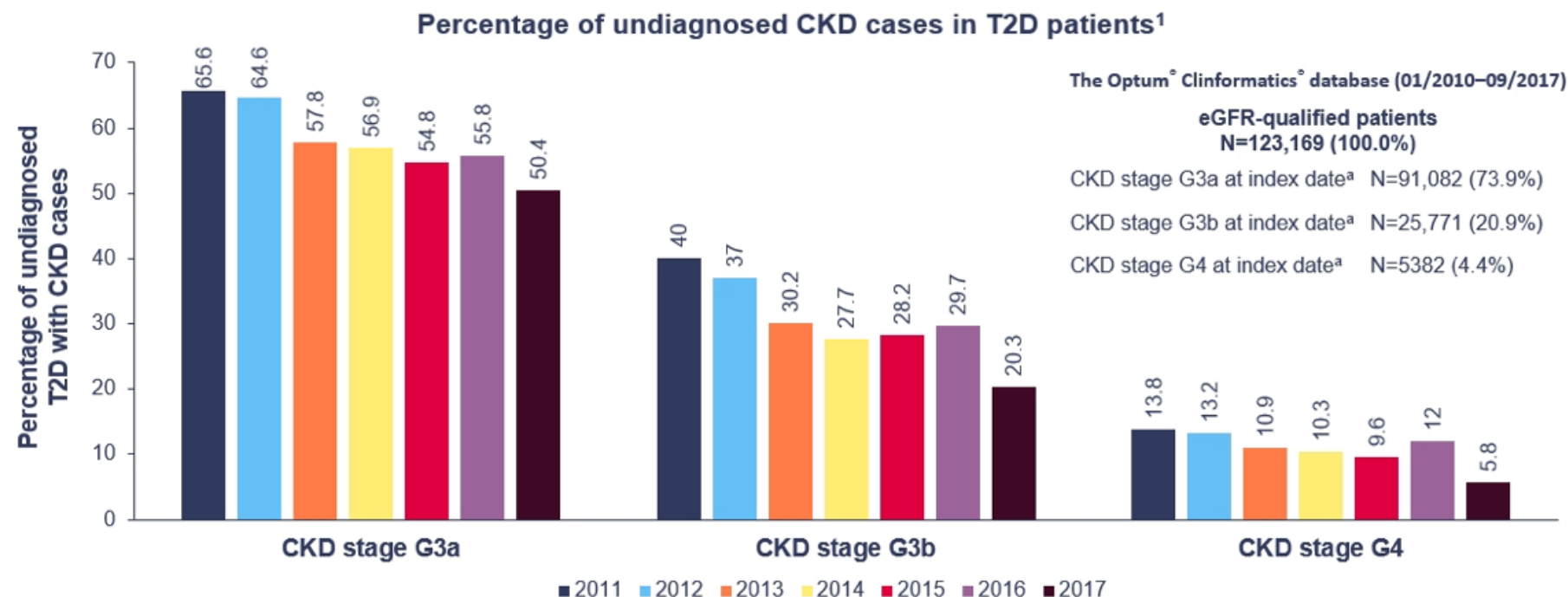


 Countries highlighted are those with a diabetes prevalence higher than 10%.



Source: The World Bank 2021, IOP Atlas 10th edition

The prevalence of undiagnosed CKD in type 2 diabetes has been decreasing, but is still over 50% in patients with CKD stage G3a



In the UK, only 39.5% of patients with microalbuminuria had a code for microalbuminuria on their record²

^aThe index date for CKD stage was the first serum creatinine measurement leading to an eGFR <60 mL/min/1.73 m²

eGFR, estimated glomerular filtration rate

1. Bakris GF, et al. Presented at the National Kidney Foundation 2019 Spring Clinical Meetings; May 8th–12th, 2019; Boston, MA, USA; Poster 308; 2. Willis A, et al. *Diabetes Care* 2020. doi:10.2337/dc19-2243 [Epub ahead of print]

Heart disease & Diabetes

Adults with diabetes are up to

2  **4** times

more likely to have cardiovascular
disease than people without diabetes

DIABETES increases risk of HEART DISEASE:



DIABETES affects about 1 OUT OF 10 PEOPLE in U.S.

HEART DISEASE is the LEADING CAUSE of death among adults with DIABETES



WHY are they LINKED?

HIGH BLOOD SUGAR can damage blood vessels and cause:

- Heart Attack
- Stroke
- Peripheral Artery Disease

People with diabetes also may have OTHER HEART RISK FACTORS:

- High Blood Pressure
- High Cholesterol
- Lack of Activity
- Obesity / Being Overweight

WHAT YOU CAN DO TO PROTECT YOUR HEART



Follow **ABCs OF DIABETES** by lowering:

- ☒ **A1C** (test that measures blood sugar)
- ☒ **Blood pressure**
- ☒ **Cholesterol**



QUIT SMOKING



TAKE MEDICINE if prescribed



BE ACTIVE for 30 min., 5x a week



EAT more VEGETABLES & FRUITS

Information provided for educational purposes only. Please consult your health care provider about your specific health needs.

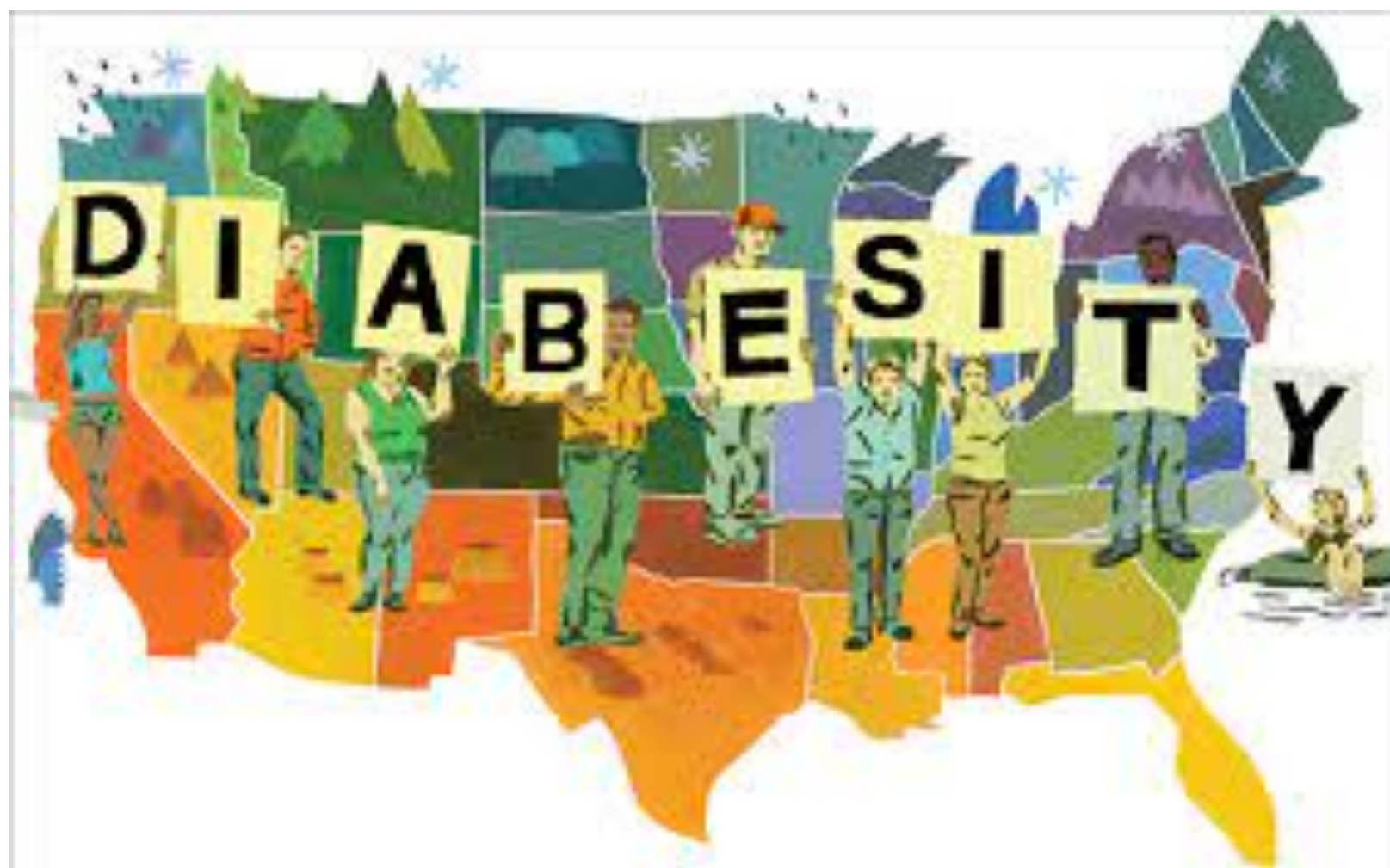
Go to CardioSmart.org/DiabetesandHeartDisease to learn more about diabetes and tips to protect your heart.

Twitter: @CardioSmart

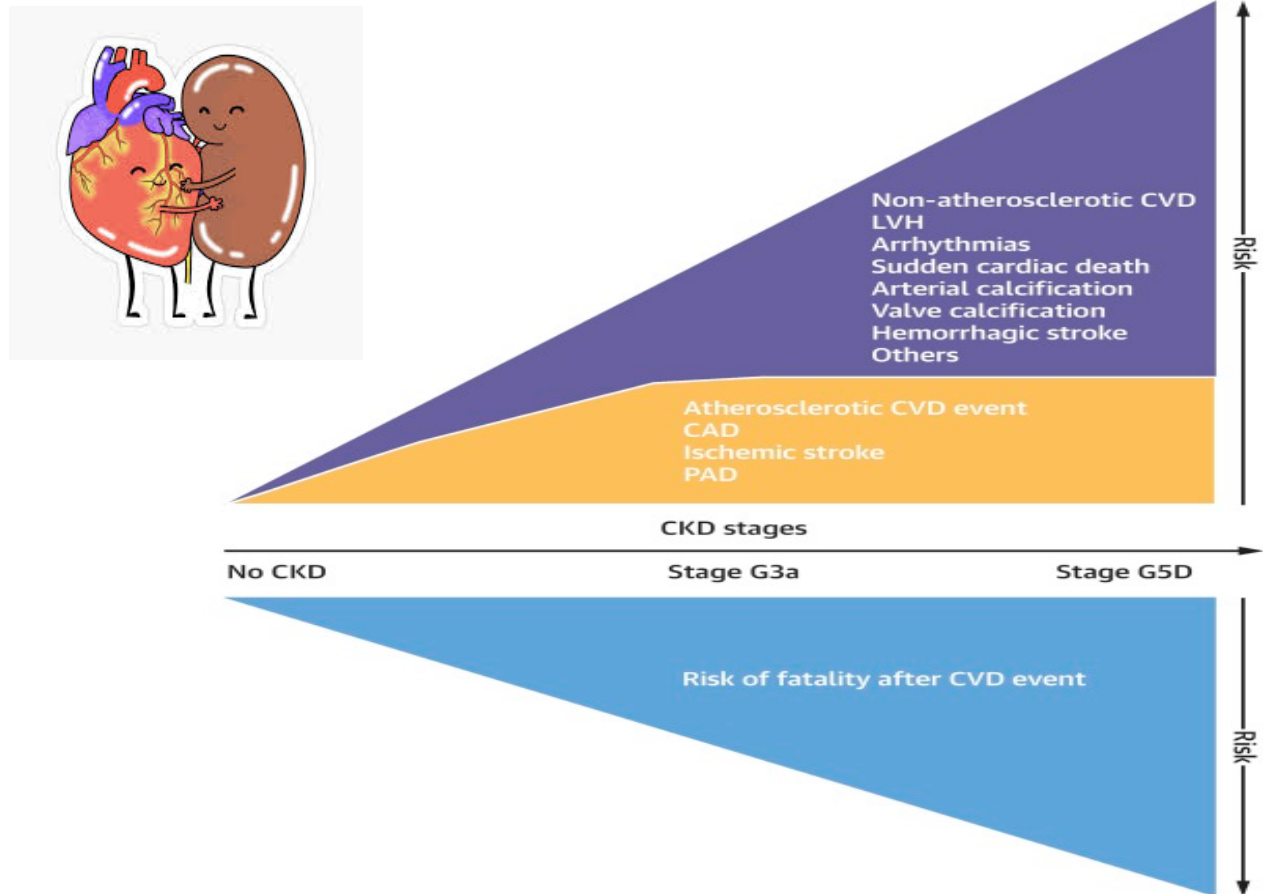
Facebook: CardioSmart

If you would like to download or order additional posters on various topics, visit CardioSmart.org/Posters. CardioSmart is supported in part by Boehringer Ingelheim Pharmaceuticals, Inc. and GE-UPP and Company.

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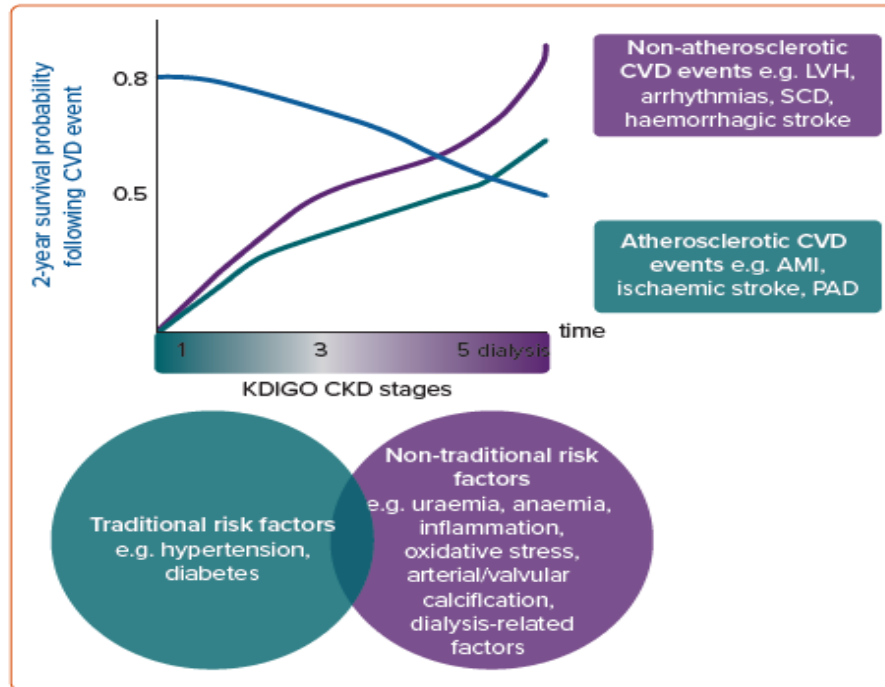


CENTRAL ILLUSTRATION: Changes in Cardiovascular Disease Risk During Chronic Kidney Disease Progression

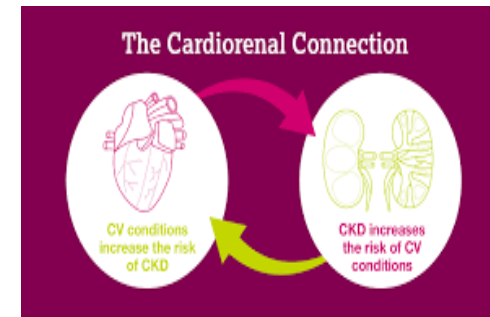


Sarnak, M.J. et al. J Am Coll Cardiol. 2019;74(14):1823-38.

Figure 1: Changing Cardiovascular Disease Risk in Progressing Chronic Kidney Disease

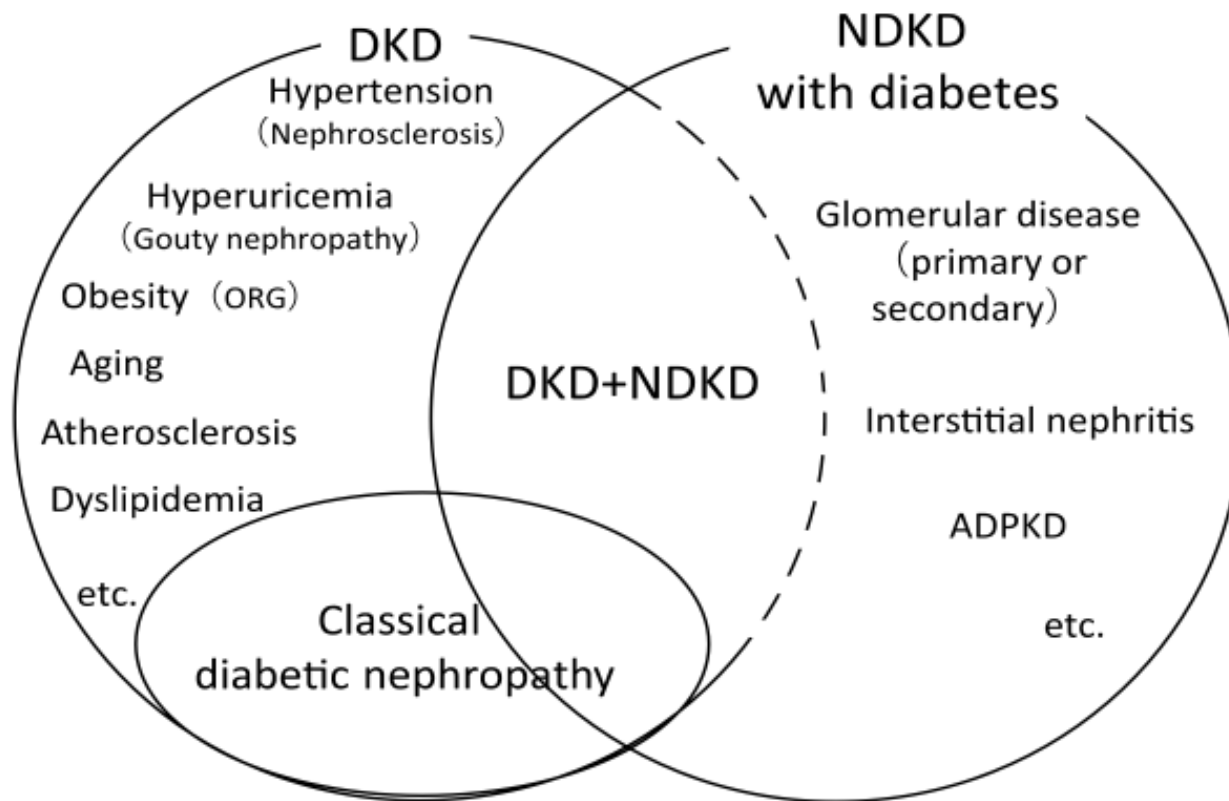


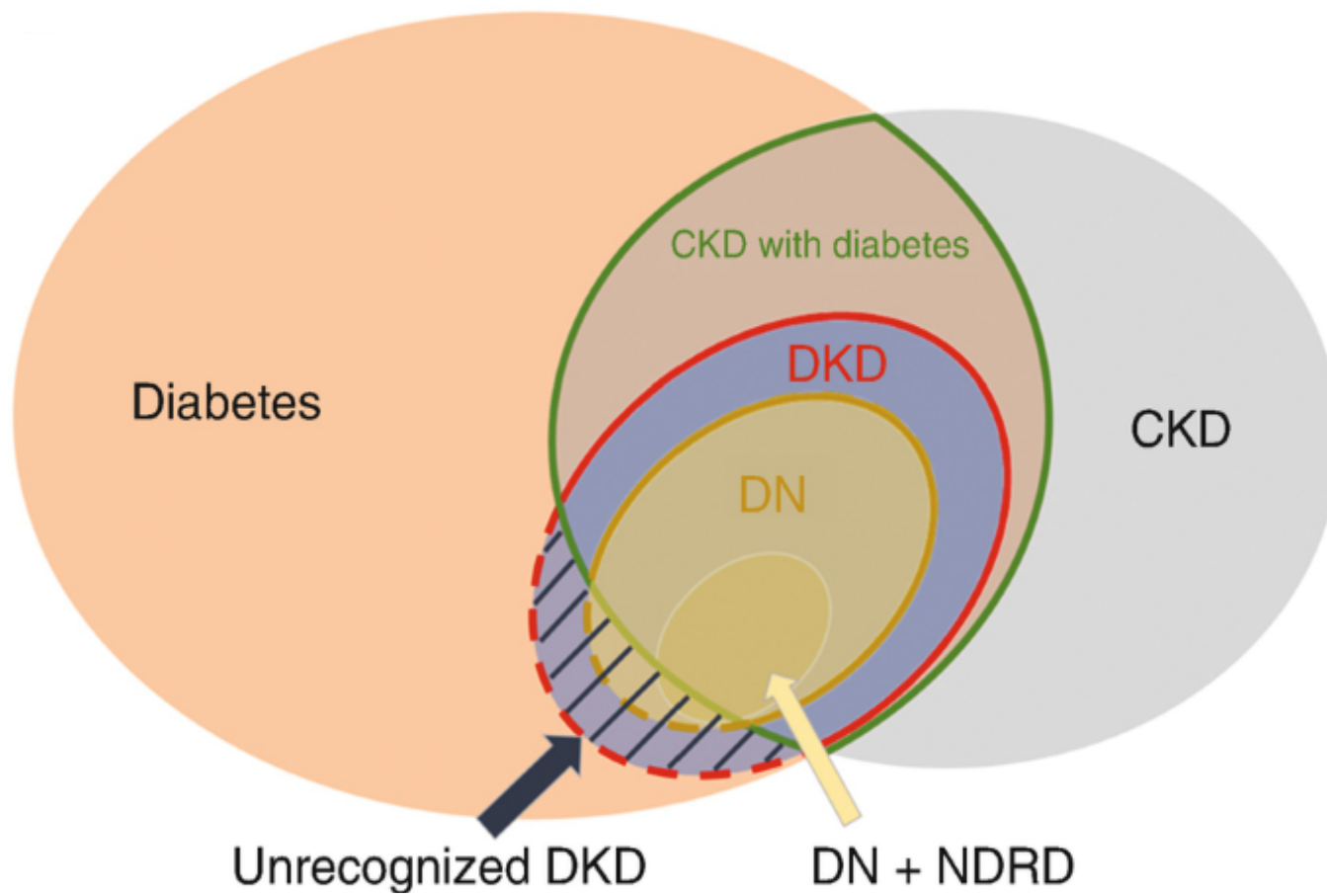
As CKD progresses, the risk of CVD events rises. Mortality following cardiovascular events also increases. Non-atherosclerotic causes contribute more than atherosclerotic causes as CKD progresses. This is reflected in the respective contribution of traditional and non-traditional risk factors in early and late-stage disease. Time is also an important factor – the longer time spent in each stage of CKD before commencing dialysis will result in longer exposure to the risk factors and greater accumulated damage and risk.^{113–15} AMI = acute MI; CKD = chronic kidney disease; CVD = cardiovascular disease; KDIGO = Kidney Disease: Improving Global Outcomes Group; LVH = left ventricular hypertrophy; PAD = peripheral arterial disease; SCD = sudden cardiac death.



Globally, nearly 10% of the population has chronic kidney disease (CKD), defined as a glomerular filtration rate less than 60 mL/min/1.73 m² and/or a urinary albumin to creatinine ratio greater than 30 mg/g (3 mg/mmol).

Persons with CKD have a substantially high risk of cardiovascular disease. Indeed, most persons with CKD are far more likely to develop a cardiovascular event than to progress to end-stage kidney disease!!!





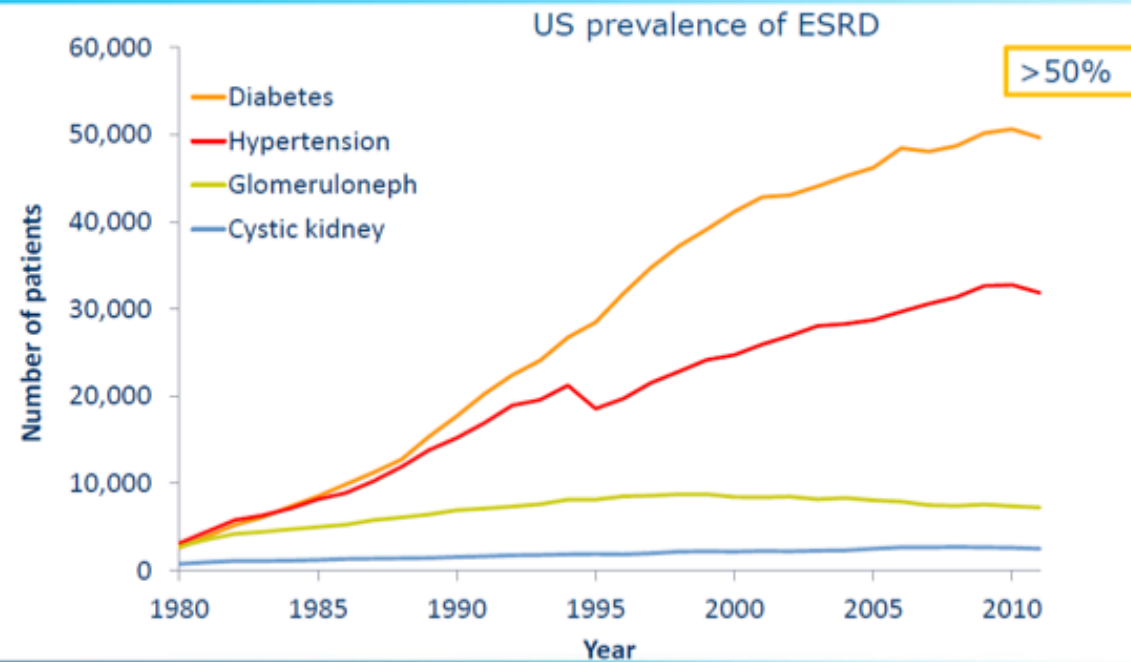
DKD, DN, and CKD with diabetes

- “**Diabetic kidney disease (DKD)**” is a **concept** that widely recognizes the pathophysiological change induced by diabetes as the onset and progressive factor of **renal injury and renal function decline**, regardless of the level of albuminuria.

DKD may contain multiple renal pathologies, including **nephrosclerosis** due to **hypertension**, renal changes associated with **atherosclerosis**, **obesity-related glomerulopathy** and **gouty nephropathy**.

DKD needs multi-factorial ttt against metabolic disorders (primarily diabetes)

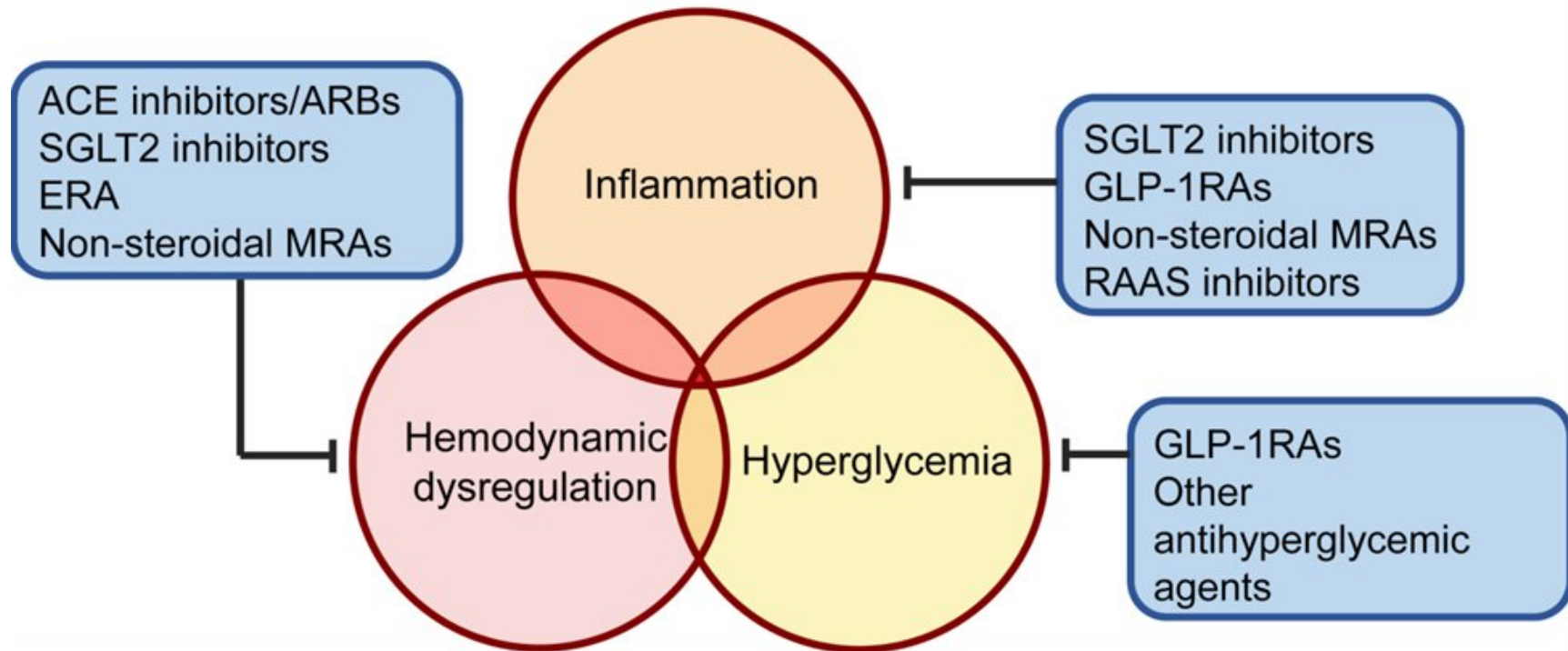
Diabetes is the leading cause of end-stage renal disease



United States Renal Data System. Annual data report. 2013
www.usrds.org/atlas.htm

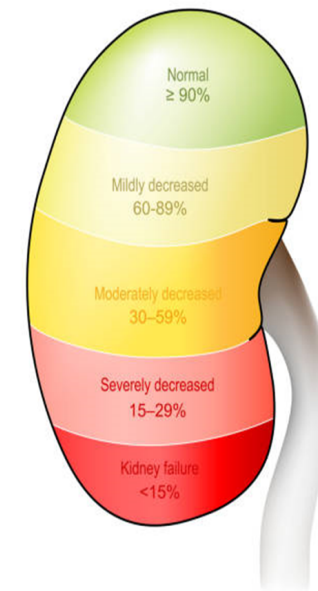


Drivers of DKD progression



CKD-stage	eGFR _{CKD-EPI} (ml/min/1.73m ²)	Albuminuria (ACR)			Total
		A1 (< 30 mg/g)	A2 (30 – 300 mg/g)	A3 (> 300 mg/g)	
G1	≥ 90	79 15.2%	9 1.7%	2 0.4%	90 17.3%
G2	60 – 89	257 49.4%	36 6.9%	10 1.9%	303 58.3%
G3a	45 – 59	76 14.6%	17 3.3%	3 0.6%	96 18.5%
G3b	30 – 44	15 2.9%	5 1.0%	2 0.4%	22 4.2%
G4	15 – 29	3 0.6%	2 0.4%	3 0.6%	8 1.5%
G5	< 15	0	0	1 0.2%	1 0.2%
total		430	69	21	520

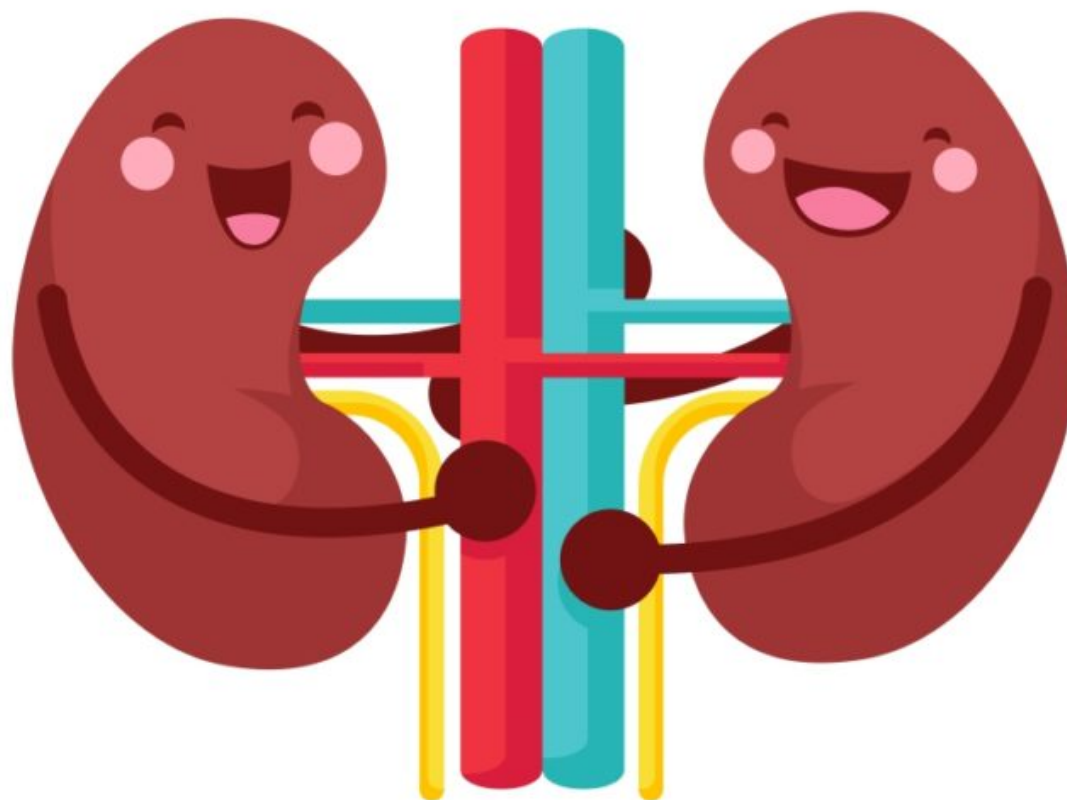
Chronic kidney disease



Prognosis of CKD and by eGFR and Albuminuria Categories: KDIGO 2012				Persistent albuminuria categories Urine ACR (mg/mmol) Description and range		
				A1	A2	A3
				Normal male < 2.5 female < 3.5	Microalbuminuria male 2.5 – 25 female 3.5 – 35	Macroalbuminuria male > 25 female > 35
eGFR categories (mL/min/1.73m ²) Description and range	G1	Normal or high	>90			
	G2	Mildly decreased	60–89			
	G3a	Mildly to moderately decreased	45–59			
	G3b	Moderately to severely decreased	30–44			
	G4	Severely decreased	15–29			
	G5	Kidney failure	<15			

low risk if no other markers of kidney disease, no CKD)
 Moderately increased risk
 high risk
 very high risk

Protect
your Kidneys
from Diabetes



A 68 years old man with long lasting diabetes was referred because of **decreasing eGFR**.

He is taking Atorvastatin, Metformin, Gliclazide, sitagliptin and valsartan 320mg.

BP= 130/80 BMI= 32

HbA1C= 8 LDL= 60 Na=139 K=5.2

Serum CR=2.4 **eGFR= 38CC/min** **eGFR=45CC/min (last year)** Urine Alb/Urine Cr= 800mg/g

CKD stage: G3b, A3

What do you recommend?

Add MRB?

Add SGLT2i ?

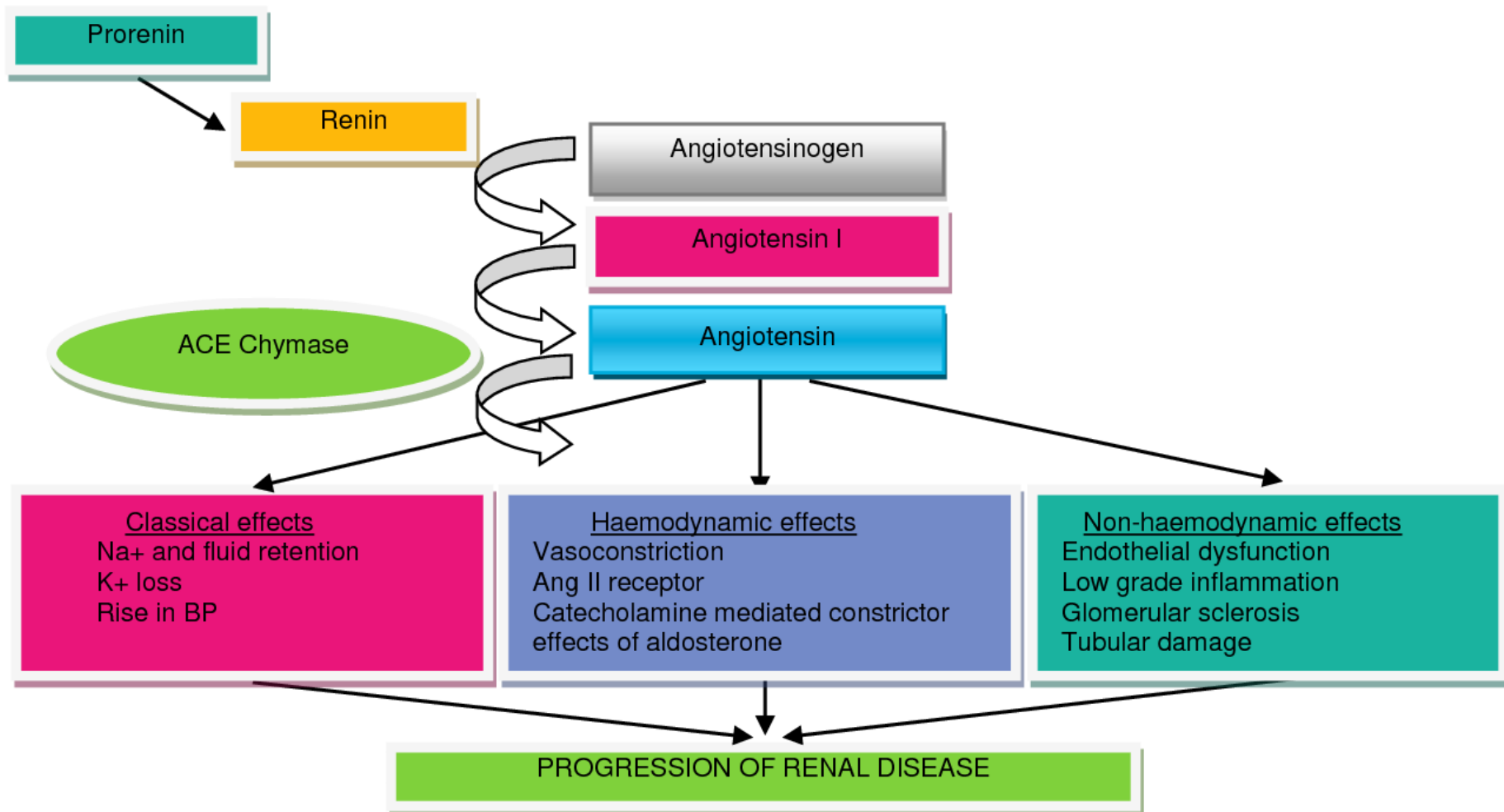
Does SGLT2i improve kidney outcome at this stage?

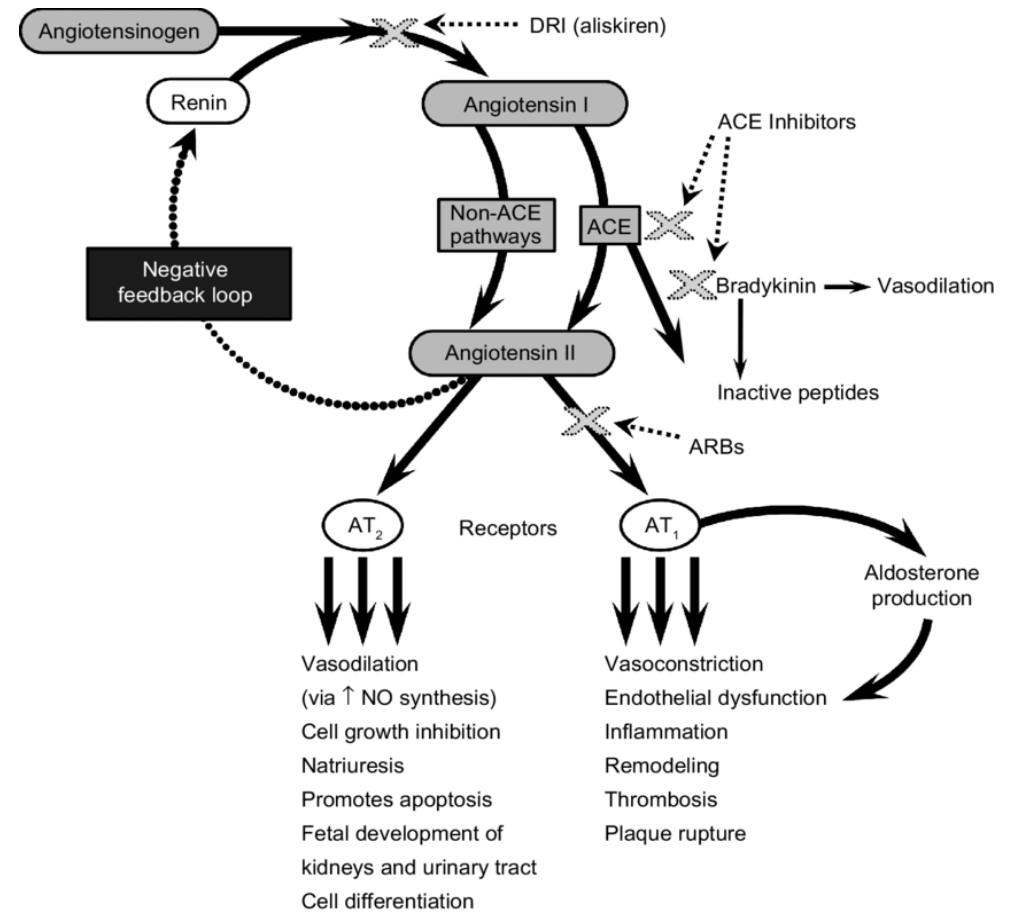
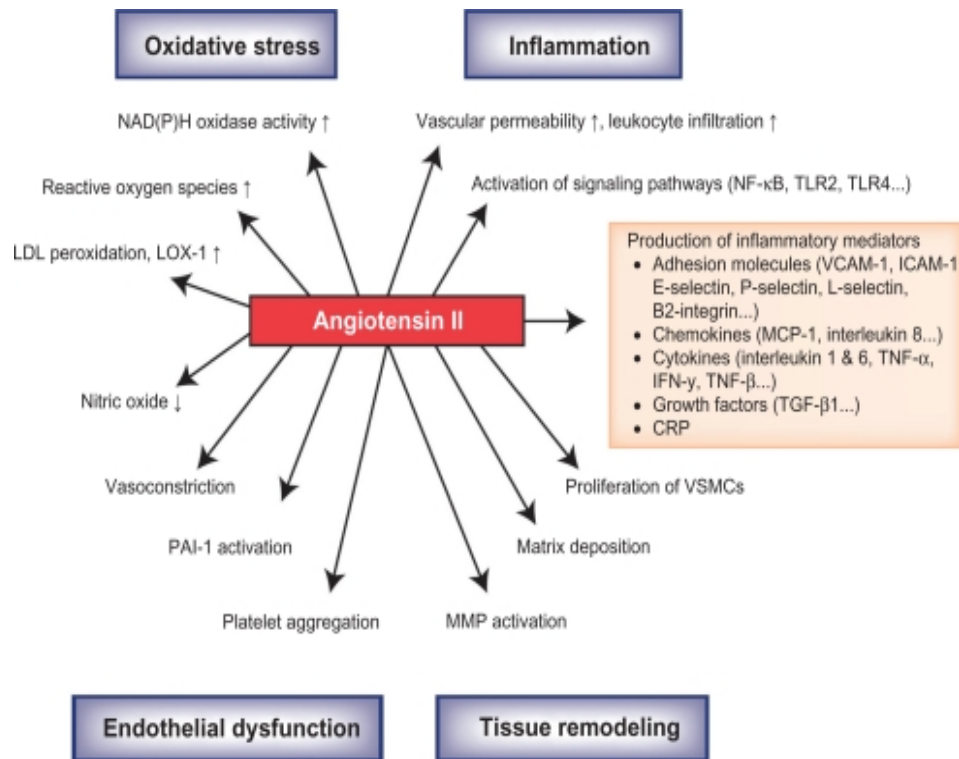
Dapagliflozin 10 mg was started. 2 weeks later, GFR decreased to 32 CC/min.

What is your suggestion now?

Dapagliflozin was continued.

~~6 months later GFR was 40 CC/min and A/C ratio was 500mg/g~~





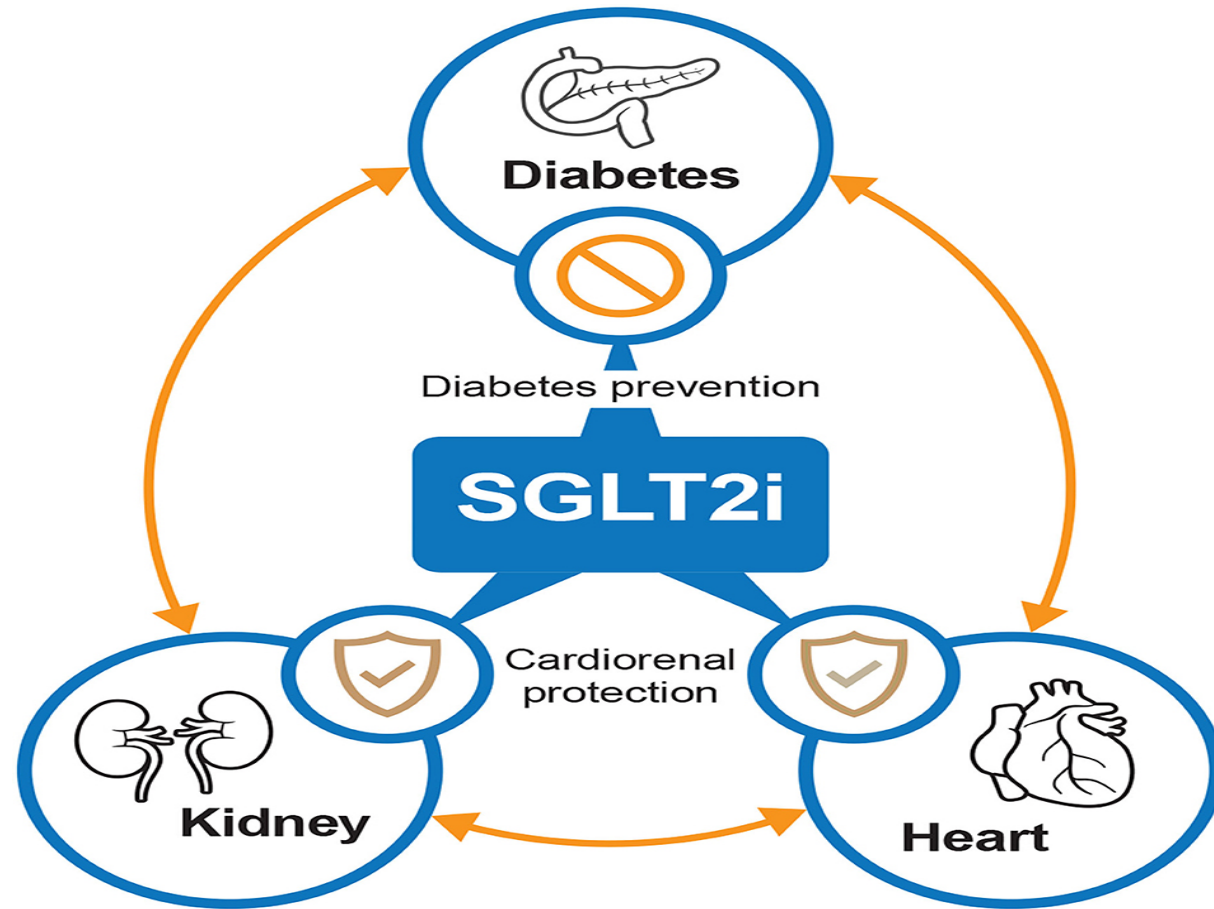
The progression of kidney disease has decreased with advances in blood pressure (BP) control and renin-angiotensin- aldosterone system (RAAS) blockade

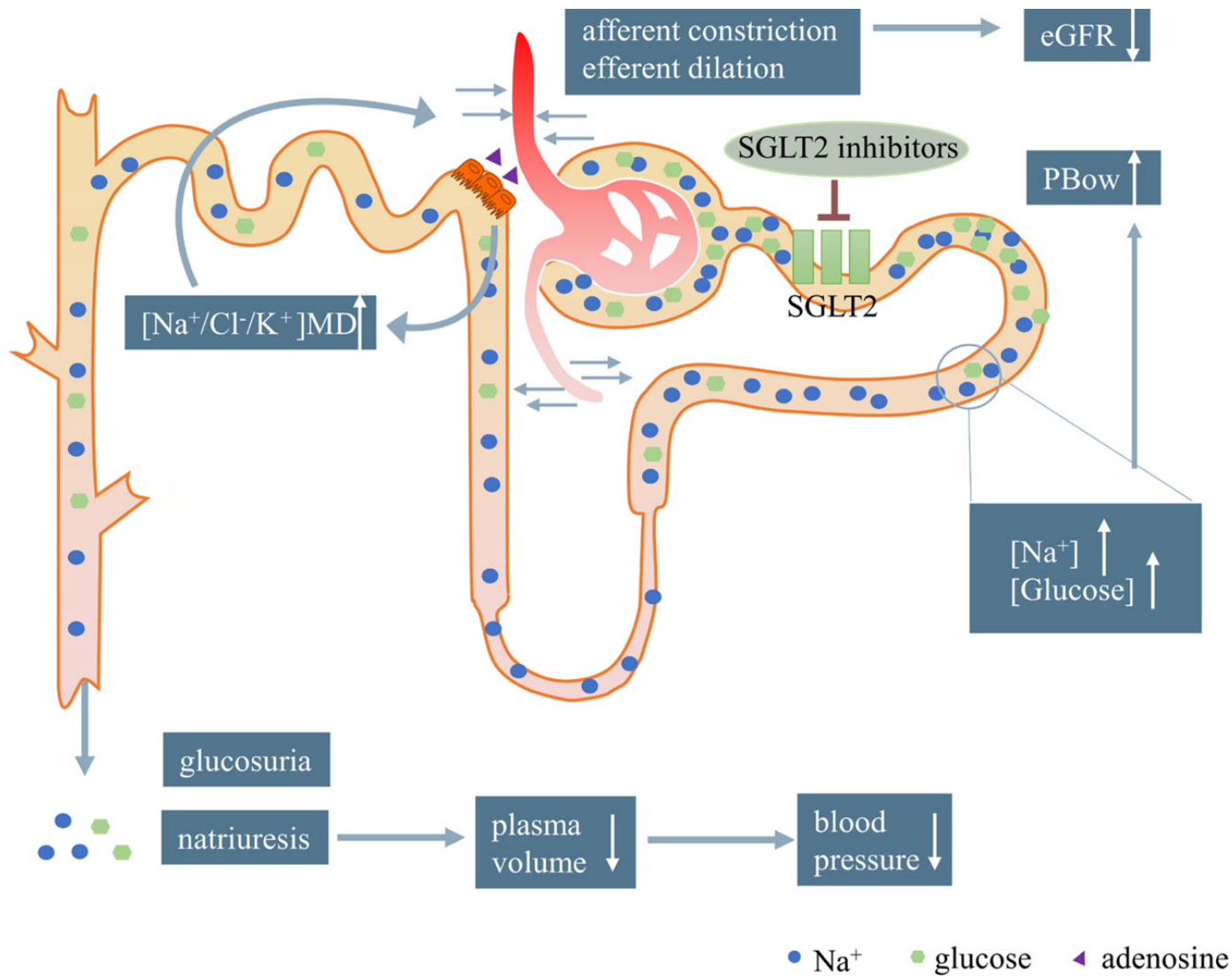
But, It is not enough

**Reno-protective efficacy of RAAS blockers remains unsatisfactory in patients with DKD
(They decrease CKD progression by 20-30%)**

2015

BREAKING NEWS





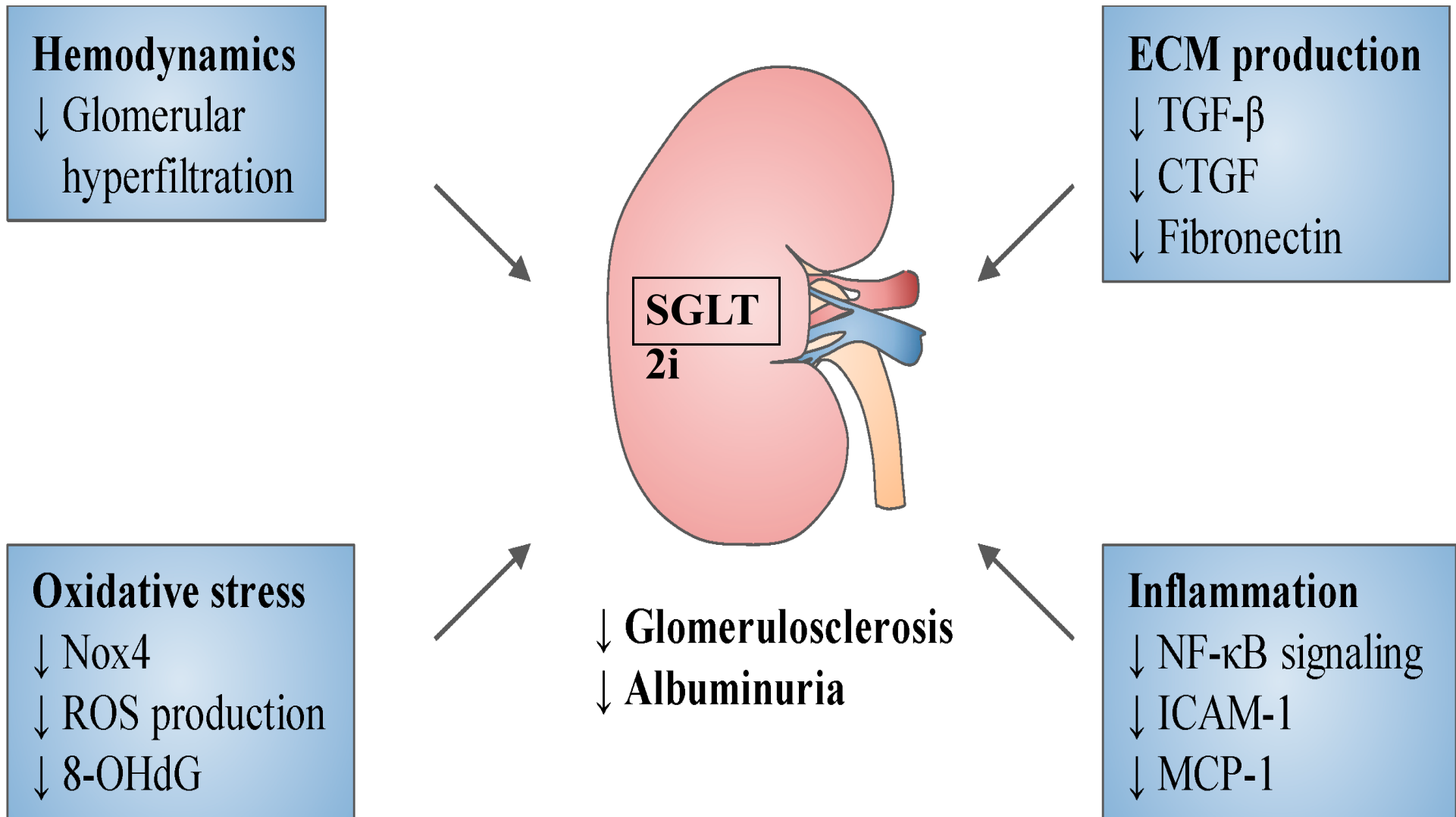
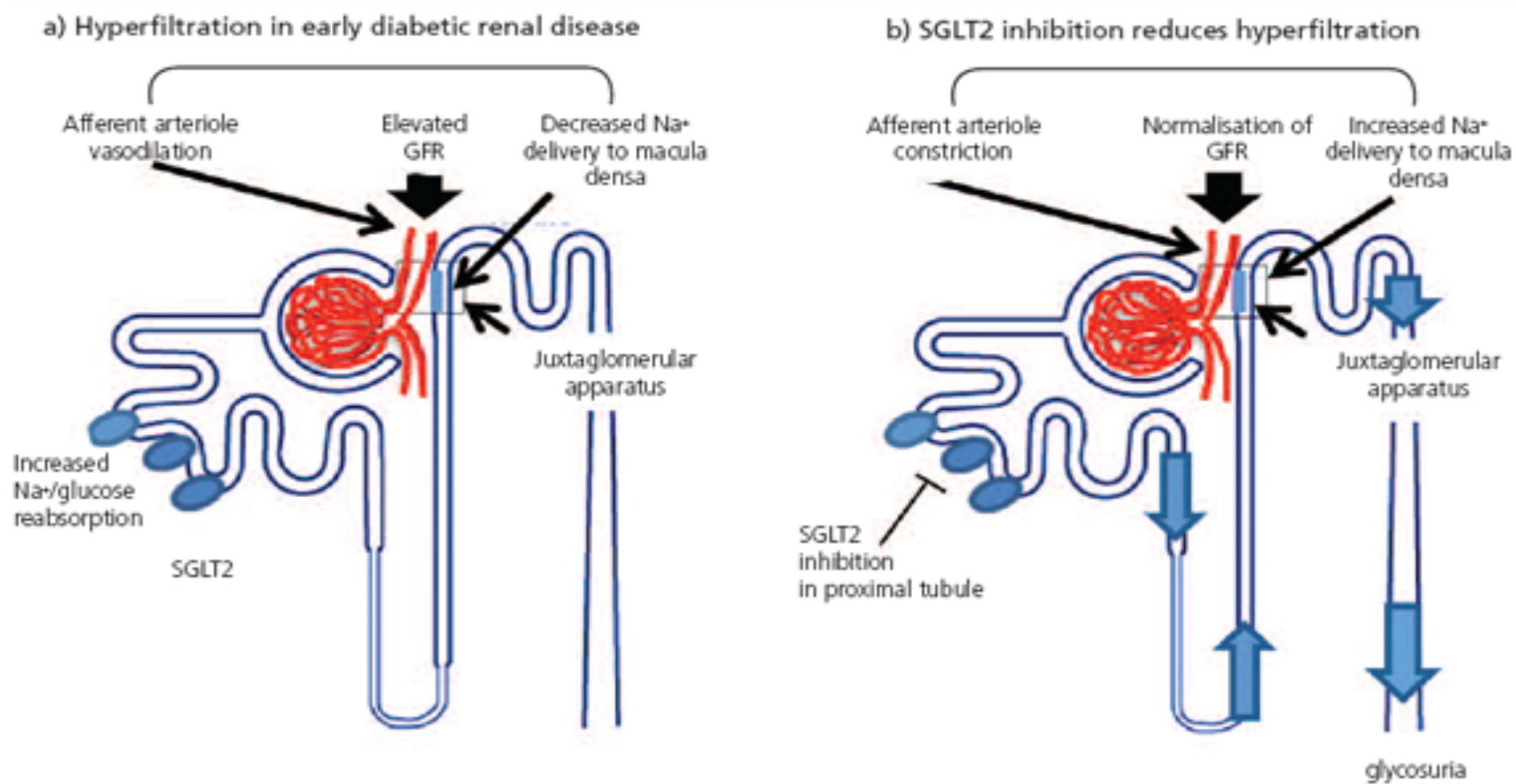
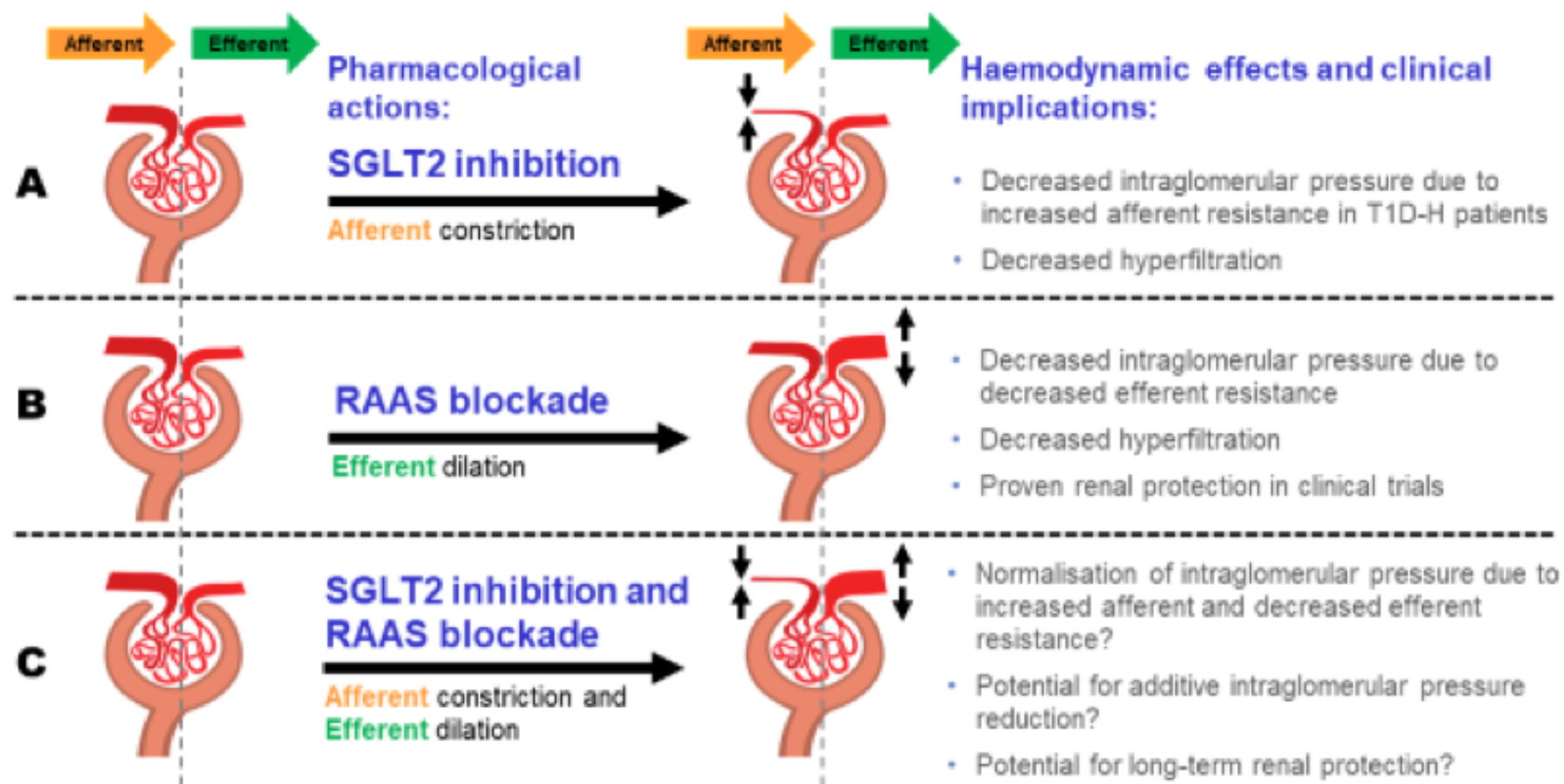


Figure 3. Arteriolar tone, Na⁺/glucose reabsorption and tubuloglomerular feedback (TGF) in early diabetic renal disease (a) and effects of SGLT2 inhibition (b)



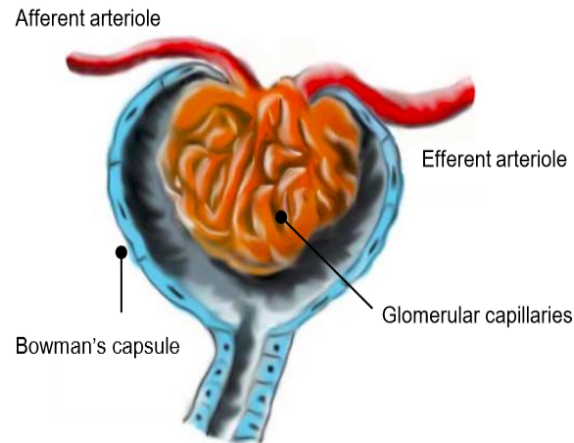


SGLT2 inhibition and RAAS blockade both reduce glomerular pressure by complimentary mechanisms

SGLT2 inhibitors

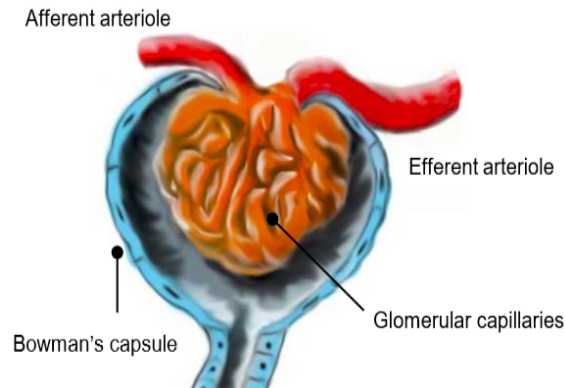
Afferent vasoconstriction

Due to increased Na⁺ delivery to the macula densa¹⁻³



RAAS blockade

Efferent vasodilation

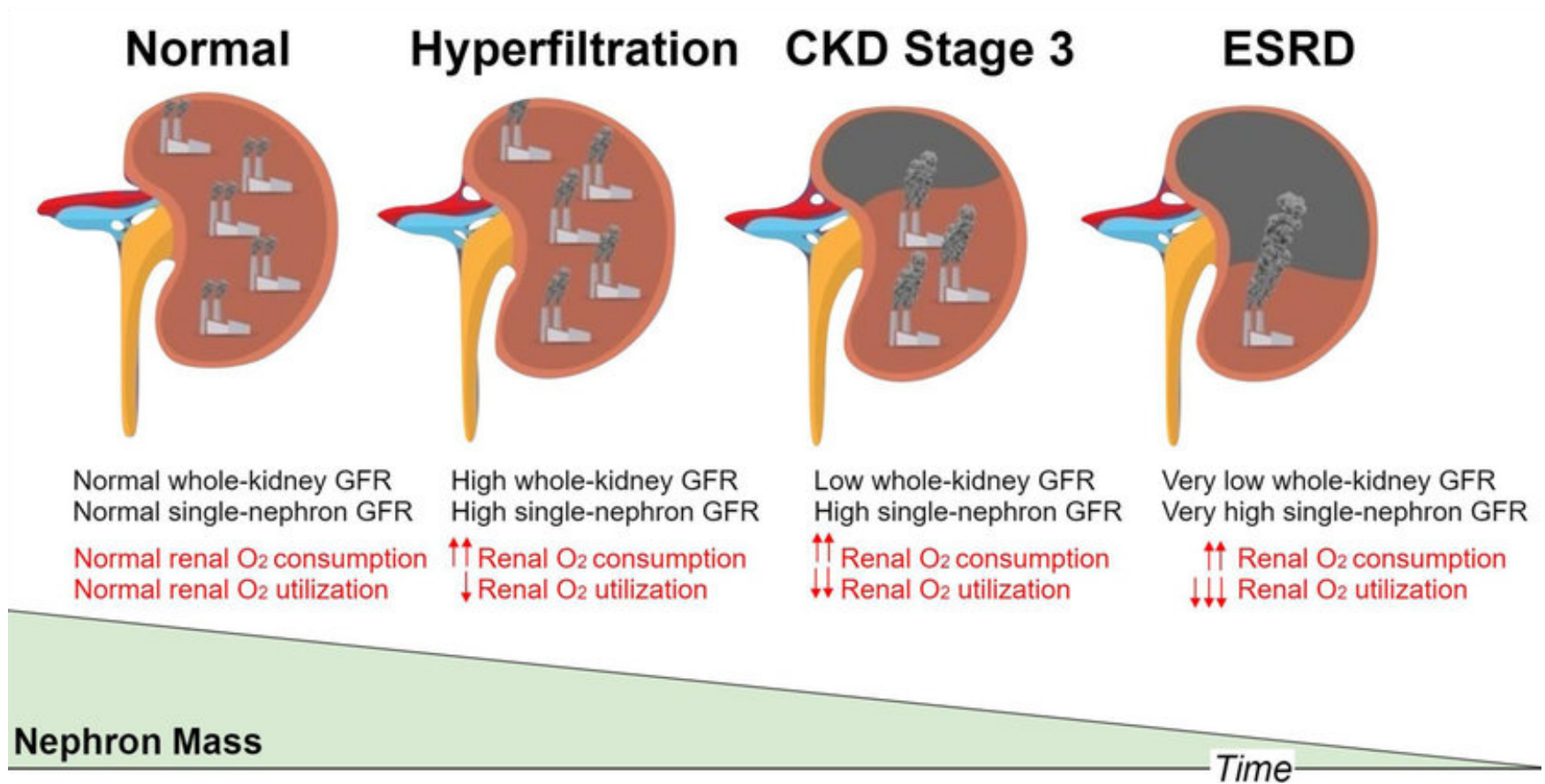


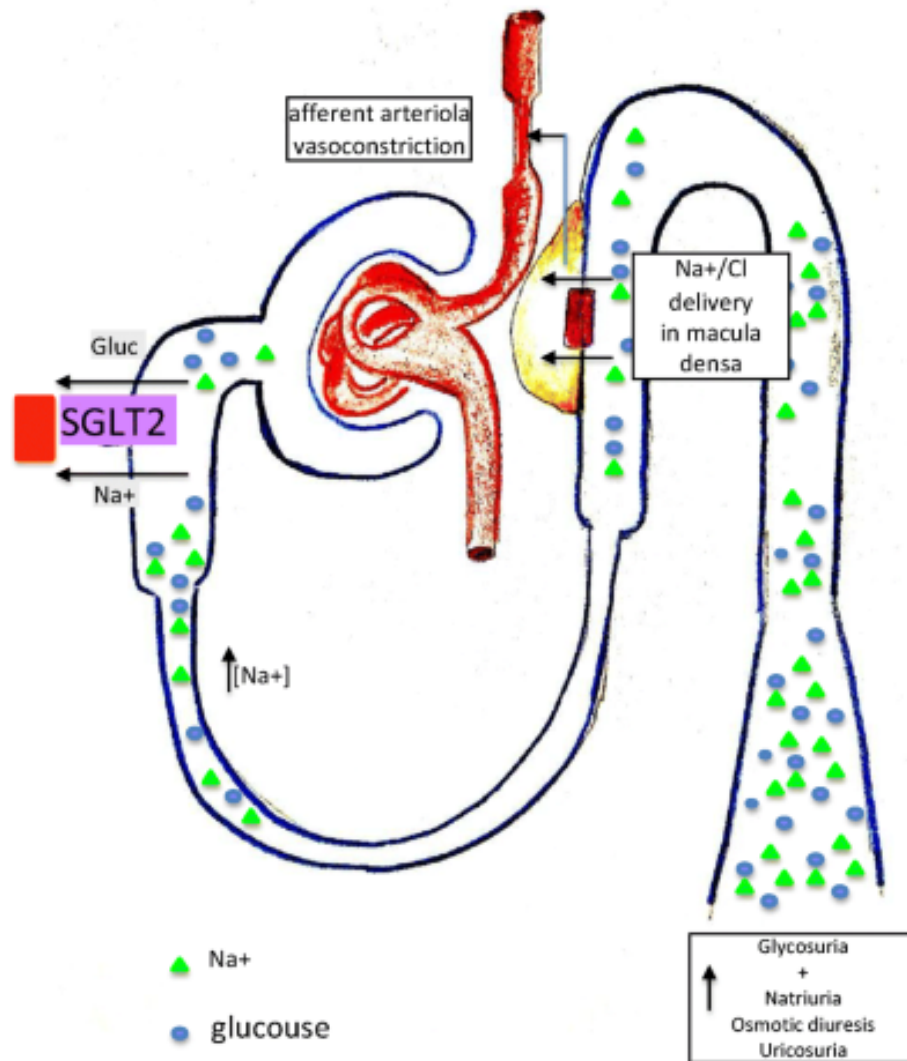
CLINICAL IMPLICATIONS

- Decreased glomerular pressure
- Reduction in albuminuria

- Decreased glomerular pressure
- Reduction in albuminuria

Hyper-filtration & CKD





Direct Renal Effects

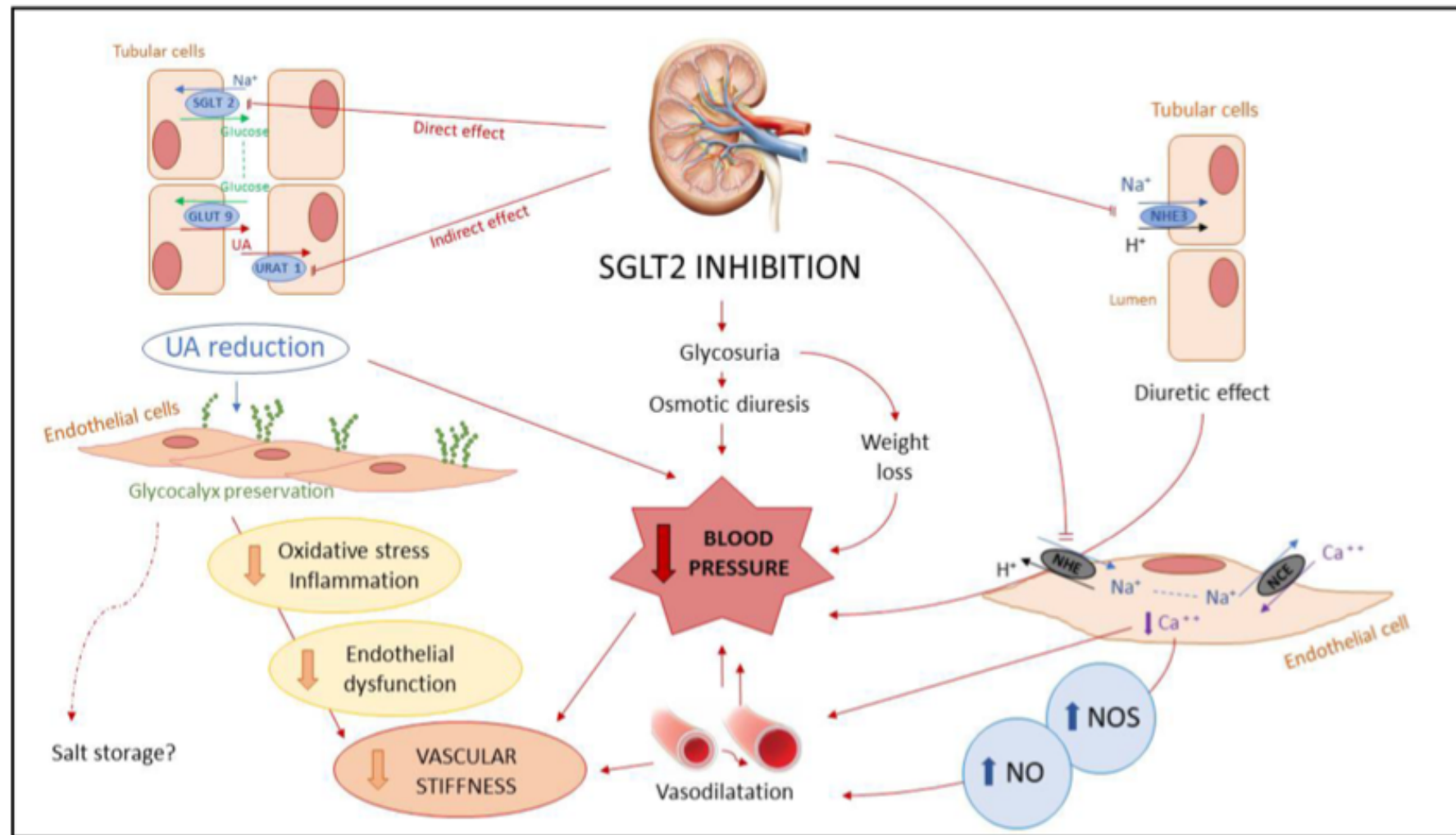
1. Osmotic diuresis—> interstitial pressure
2. Reduction of oxygen consumption
3. Reduction of oxidative stress and inflammation
4. Reduction of intraglomerular hypertension

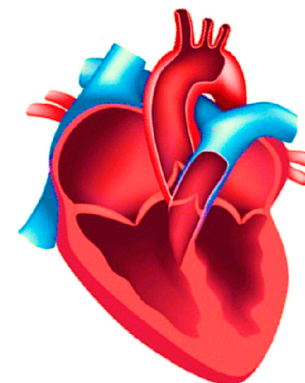
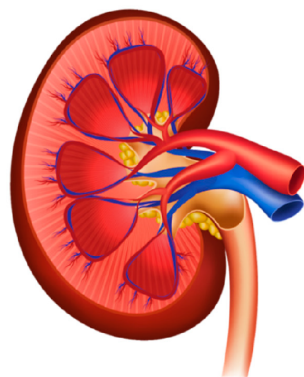
Indirect Renal Effects

1. Reduction of blood pressure
2. Reduction of body fat and body weight
3. Reduction of oxidative stress and inflammation
4. Uricosuria
5. Reduction of plasma volume
6. Activation of AT2 type 2
7. Sympathetic system modulation

Mostly due to glycosuria

Mostly due to natriuresis





KIDNEY		HEART	
increase	Diuresis, natriuresis and glycosuria	Preload and afterload	decrease
decrease	Hyperfiltration	Myocardial contractility	increase
increase	Glomerular afferent arteriole vasoconstriction and efferent arteriole vasodilatation	Endothelial inflammation and oxidative stress	decrease
decrease	Tubular energy consumption, apoptosis, oxidative stress, tubulointerstitial inflammation and fibrosis	FFA oxydation, ketogenesis, mitochondrial function, cardiomyocytes energy efficiency	increase
increase	HIF-2 α , erythropoiesis and renal oxygenation	Arrhythmias, myocardial hypertrophy, HF progression	decrease
 CHRONIC KIDNEY DISEASE PROGRESSION		CARDIAC AND CORONARY ENDOTHELIAL FUNCTION 	

KDIGO provided recommendations on SGLT2 inhibitors and nonsteroidal MRAs in patients with diabetes and CKD

Update: KDIGO recommends SGLT2 inhibitors for patients with type 2 diabetes, CKD, and eGFR ≥ 20 mL/min/1.73 m² (Grade 1A§)

Key evidence|| for SGLT2 inhibitors vs. placebo

All-cause mortality: 8.0% vs. 9.0%; HR, 0.88 (95% CI, 0.82 to 0.95) (17 RCTs, $n = 31\,523$)

CV mortality: 6.3% vs. 7.0%; HR, 0.90 (CI, 0.83 to 0.98) (12 RCTs, $n = 46\,442$)

3-point MACE: 12% vs. 13%; HR, 0.88 (CI, 0.82 to 0.95) (10 RCTs, $n = 40\,866$)

Composite kidney outcome: 6.3% vs. 10%; HR, 0.60 (CI, 0.52 to 0.70) (8 RCTs, $n = 34\,788$)

Amputation: 3.5% vs. 2.9%; HR, 1.22 (CI, 0.97 to 1.53) (7 RCTs, $n = 27\,954$)

Start MRA if $K < 5$

Synergistic effects of nsMRA and SGLT2i

A 68 years old man with long lasting diabetes was referred because of **decreasing eGFR**.

He is taking Atorvastatin, Metformin, Gliclazide, sitagliptin and valsartan 320mg.

BP= 130/80 BMI= 32

HbA1C= 8 LDL= 60 Na=139 K=5.2

Serum CR=2.4 **eGFR= 38CC/min** **eGFR=45CC/min (last year)** Urine Alb/Urine Cr= 800mg/g

CKD stage: G3b, A3

What do you recommend?

Add MRB?

Add **SGLT2i** ?

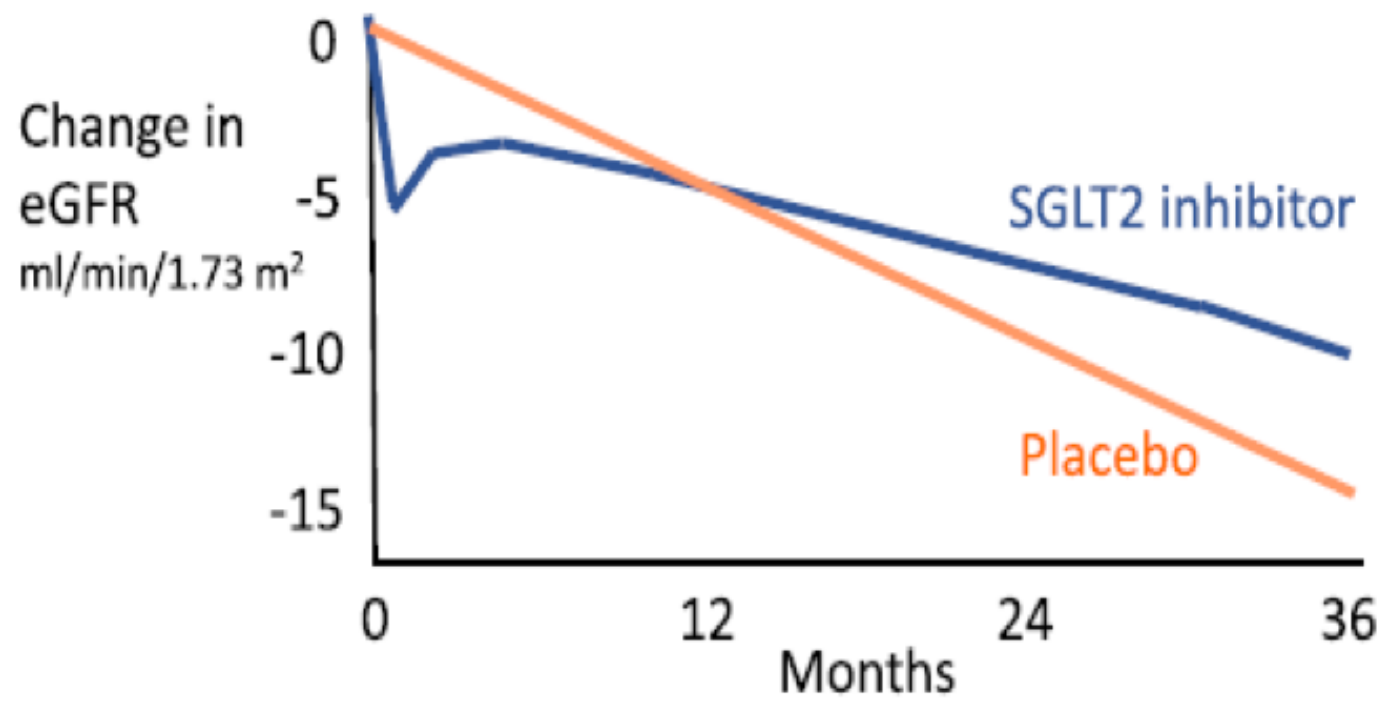
Does **SGLT2i** improve kidney outcome at this stage?

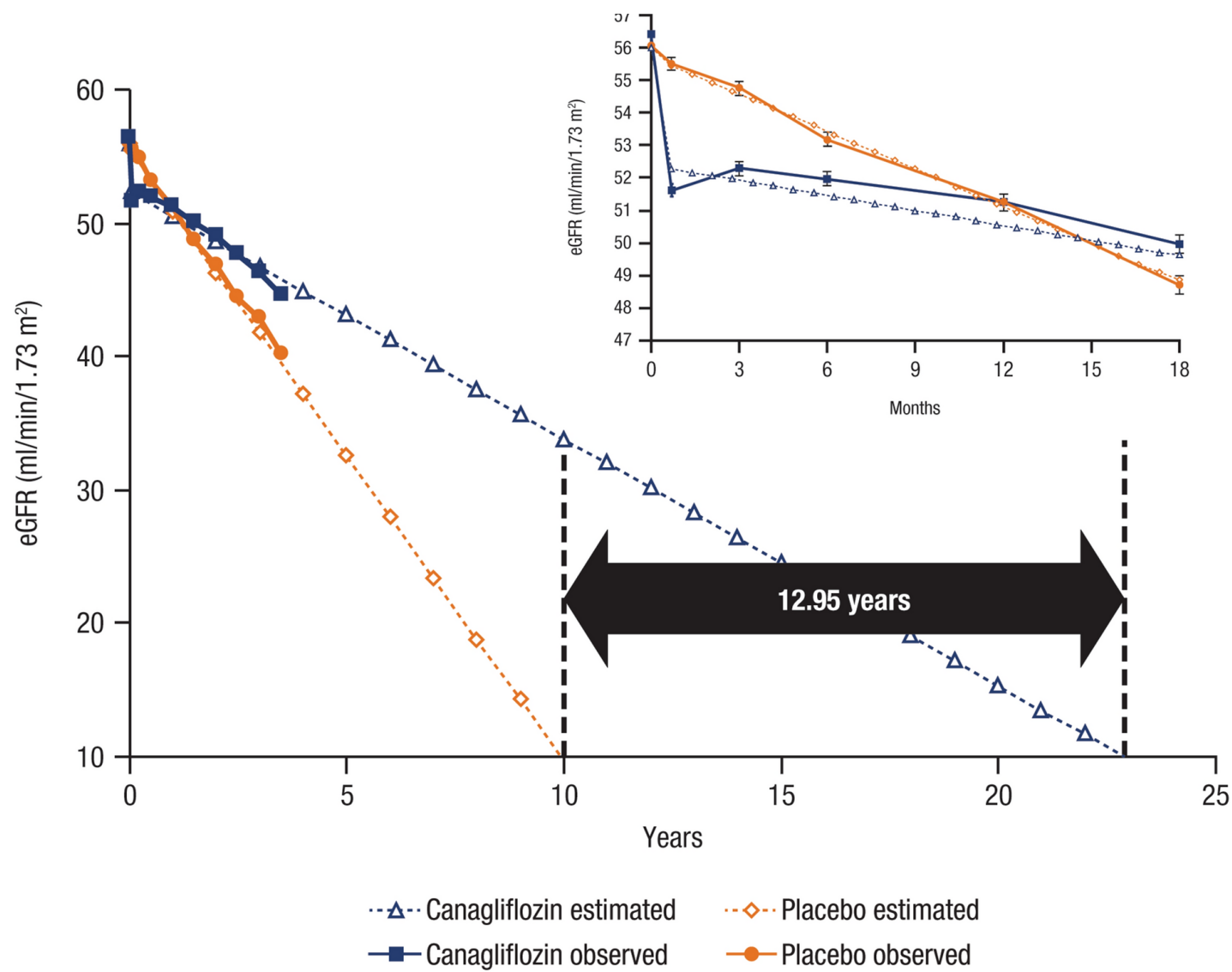
Dapagliflozin 10 mg was started. 2 weeks later, GFR decreased to 32 CC/min.

What is your suggestion now?

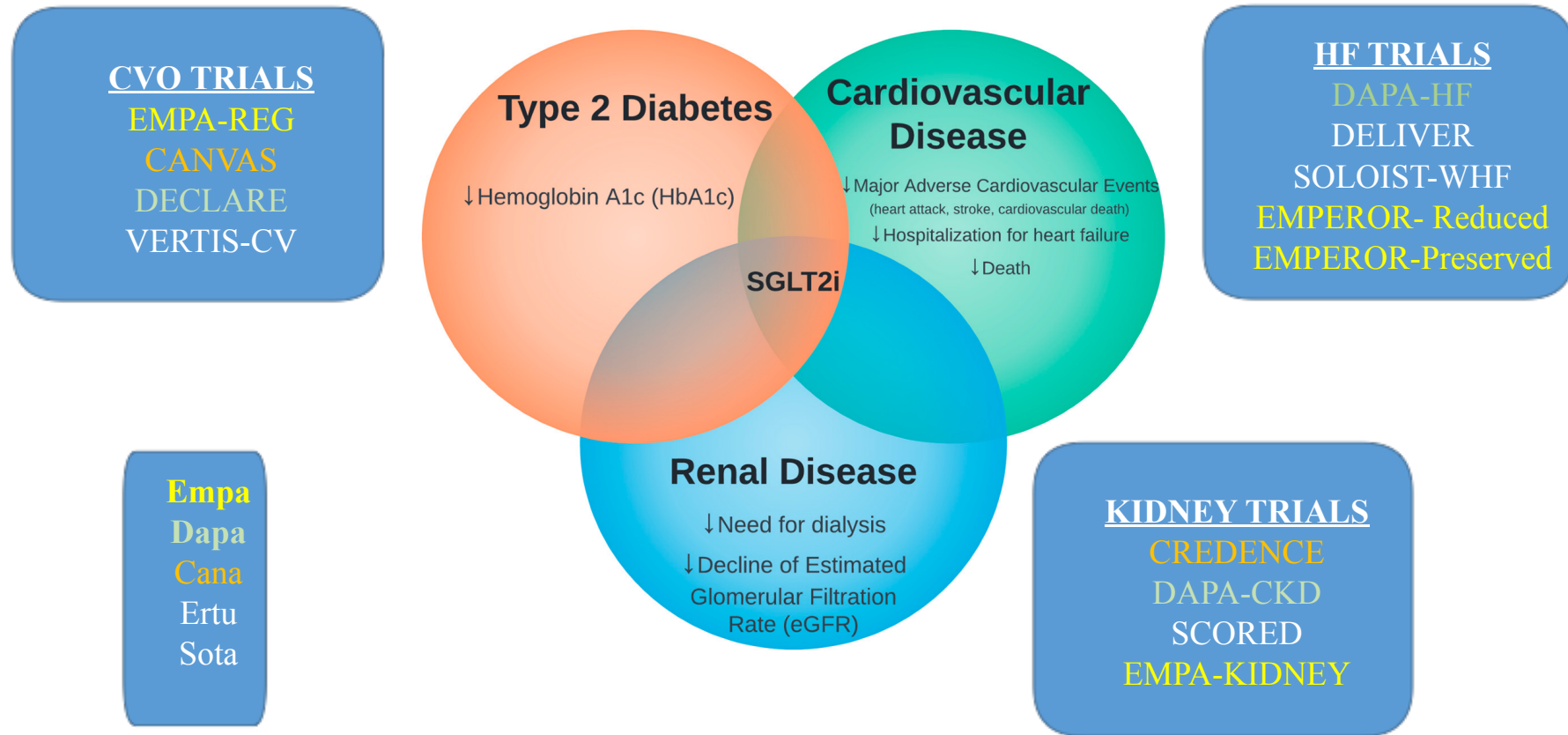
Dapagliflozin was continued.

6 months later, GFR was 40 CC/min and A/C ratio was 500m/gr.





3 types of SGLT2i trials



SGLT2 Inhibitors and Renal Outcomes : A comparison of RCTs

Infographic by:- Priti Meena, M.D @Priti899

CREDENCE

Double-blind, Placebo-controlled,
Multicentric RCT
(N=4401)

Inclusion:

Type 2 DM
eGFR: ≥ 30 -90
and UACR: >300 - ≤ 5000 mg/g



Canagliflozin VS placebo



2019

Median follow-up: 2.62 yrs



Renal-specific composite of ESKD,
2* S. Cr or death from renal causes:
HR 0.66; (0.53 to 0.81)



CV death, MI, or stroke:
HR 0.80 (0.67 -0.95)
Hospitalization for heart failure:
HR 0.61; (0.47 to 0.80)

DAPA-CKD

Double-blind, Placebo-controlled,
Multicentric RCT
(N=4304)

Inclusion:

eGFR: ≥ 25 -75 and
UACR: ≥ 200 - ≤ 5000 mg/g

With or without DM



Dapagliflozin VS placebo



2020

Median follow up : 2.4 yrs

Composite of sustained decline in
eGFR of at least 50%, ESKD,
or death from renal causes:
HR 0.56; (0.45 to 0.68)

Composite of death from CV
causes or hospitalization
for heart failure:
HR 0.71; (0.55 to 0.92)

EMPA-KIDNEY

Double-blind, Placebo-controlled,
Multicentric parallel group RCT
(N=6609)

Inclusion:

eGFR: ≥ 20 -45 or
eGFR ≥ 45 to <90 with UACR ≥ 200 mg/g

With or without DM



Empagliflozin VS placebo



2022

Median follow-up: 2 yrs



Progression of kidney disease
or death from CV causes:
HR 0.72; (0.64 to 0.82)



Rate of hospitalization from
any cause:
HR 0.86; (0.78 to 0.95)

CV: cardiovascular, ESKD: End-stage kidney diseases, eGFR: estimated glomerular filtration rate in ml per minute per 1.73 m^2 HR: Hazard ratio, MI: Myocardial infarction, RCT: Randomized Controlled Trials, S.Cr: Serum creatinine, SGLT2: Sodium-glucose Cotransporter-2 (SGLT2) Inhibitors, UACR: urinary albumin-to-creatinine ratio

Does Dapagliflozin compared to placebo reduce the risk of kidney failure and CV events in CKD patients with and without T2DM?

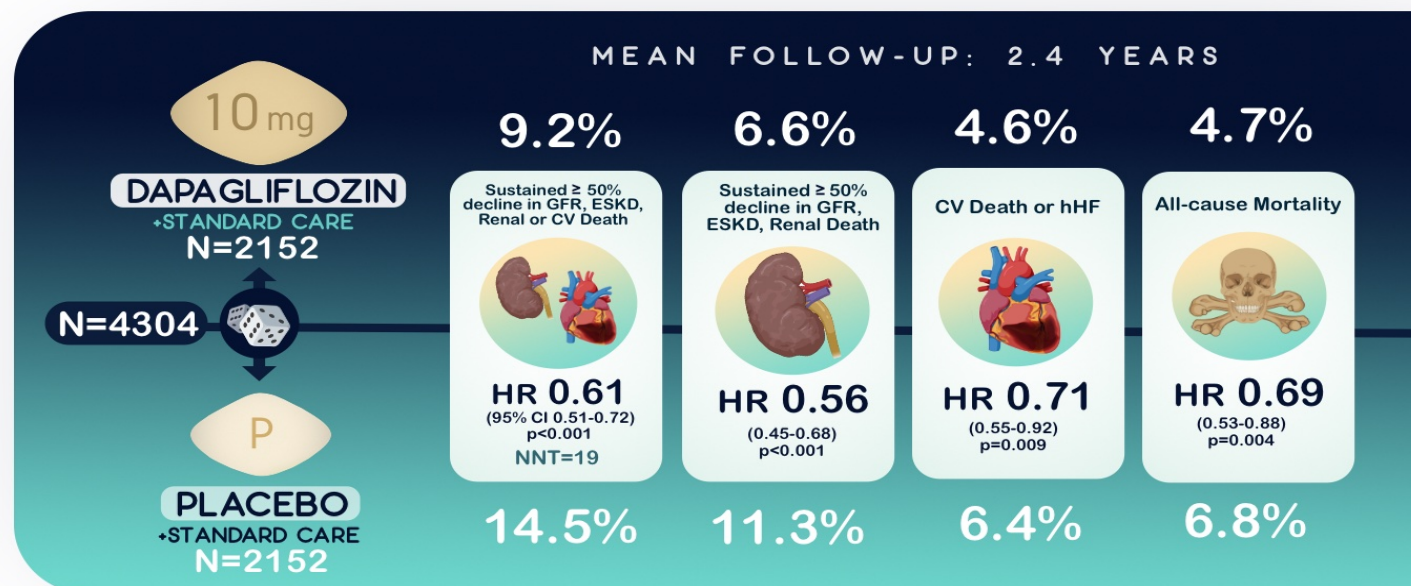
DAPA-CKD

 **21 Countries**
286 Centers

 **≥ 18 yo**
 **eGFR ≥ 25 to ≤ 75ml/min**
 **UACR ≥ 200 to ≤ 5000mg/g**
 **Max tolerated dose of ACEi/ARB**
 **With and without T2DM**



Mean Age 62y, 67% ♂
eGFR 43ml/min
UACR 949mg/g
ACEi/ARB 97%
With T2DM 67.5%



Benefit of Dapagliflozin on primary end-point was consistent in patients with and without T2DM
% of patients who discontinued the drug or who experienced SAE was similar in both groups
DKA, 2 in placebo group vs none in Dapagliflozin group
No DKA or severe hypoglycemia in patients without T2DM

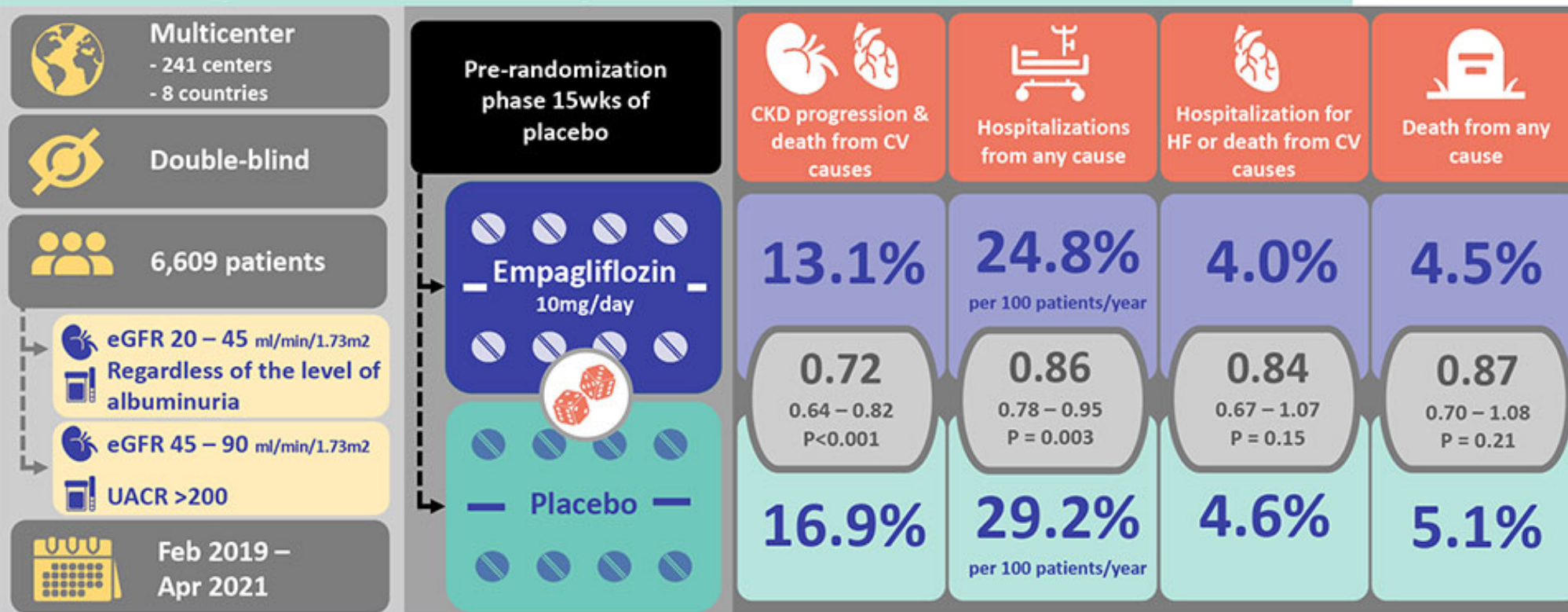
CONCLUSION: Dapagliflozin compared to placebo significantly reduced the risk of kidney failure, CV death or hospitalization for HF and all-cause mortality in patients with CKD with and without T2DM. Dapagliflozin was well-tolerated, in keeping with its established safety profile.

DAPA-CKD

Heerspink et al (2020). Dapagliflozin in Patients with Chronic Kidney Disease. *New England Journal of Medicine*. September 24,2020
DOI: 10.1056/NEJMoa2024816

Visual Abstract by: Ana Naidas, MD

Empagliflozin in Patients with Chronic Kidney Disease (EMPA-KIDNEY)



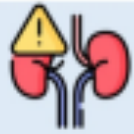
Conclusion: among a wide range of patients with chronic kidney disease who were at risk for disease progression, empagliflozin therapy led to a lower risk of progression of kidney disease or death from cardiovascular causes than placebo.

Reference: EMPA-KIDNEY Collaborative Group. (2022). Empagliflozin in Patients with Chronic Kidney Disease. *New England Journal of Medicine*.

VA by Denisse Arellano, MD @denisse_am

Review

Can SGLT2 inhibitors solve the unmet therapeutic need in chronic kidney disease?



CKD is a global health problem with more than 850 million people affected worldwide



The number of patients receiving renal replacement therapy (dialysis or renal transplantation) is estimated to more than double from 2.618 million in 2010 to 5.439 million in 2030



The main focus of CKD treatment has become preserving renal function rather than replacing it through multifactorial therapy aimed at preventing end-stage renal kidney disease and CV events



SGLT2i provide renal and CV protection

Reduce glomerular hypertension, albuminuria, and oxidative stress

Induces natriuresis, promotes fatty acid oxidation and ketogenesis

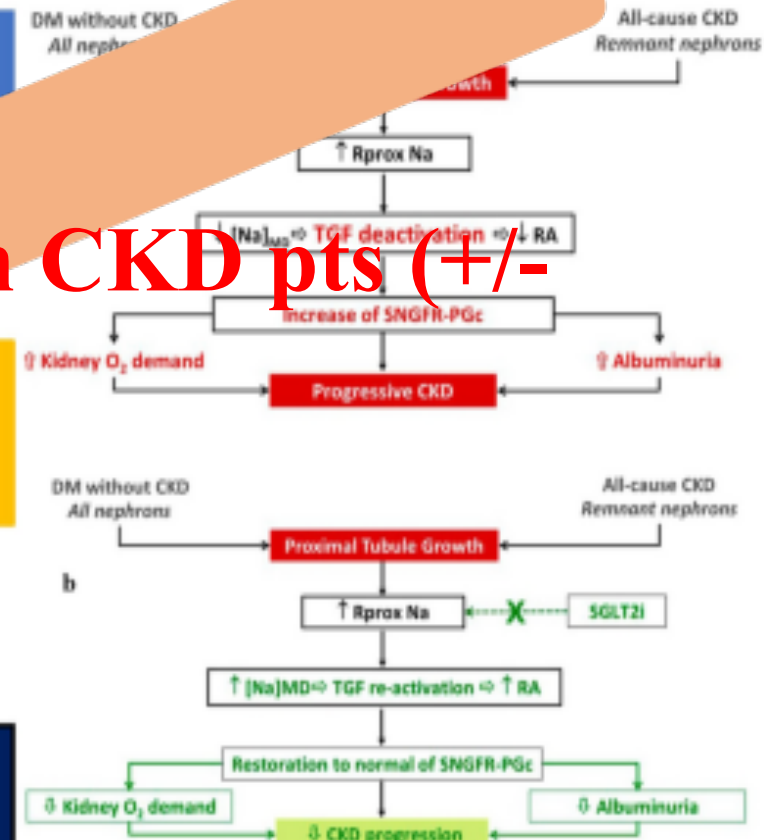
Delay progression of CKD

Reduced CV events

Conclusions

The use of SGLT2i will likely be extended to the whole CKD population as standard of therapy

SGLT2i as std of care in CKD pts (+/- T2DM)



SGLT2
inhibitors



Glycemic control
Hemodynamic control
Weight loss
Antioxidant
AntiInflammatory
Anti-fibrosis
Hypouricemic
RAS inhibition
Antinatriuretic

